## Chex

# Gluten Free Original Chex<sup>™</sup> Party Mix

Servings: 22 | Time: 11/2 Hours



### Ingredients:

- 4 cups Corn Chex<sup>™</sup> cereal
- 4 cups Rice Chex<sup>™</sup> cereal
- 2 cups Cheerios<sup>™</sup> cereal
- 2 cups bite-size gluten free pretzel sticks or twists
- 6 tablespoons vegan dairyfree buttery vegetable oil spread
- 2 tablespoons gluten free Worcestershire sauce
- 11/2 teaspoons gluten free seasoned salt
- 3/4 teaspoon garlic powder
- 1/2 teaspoon onion powder

#### Preparation

- 1) Heat oven to 250°F.
- 2) In large bowl, mix cereals and pretzels until well blended. In small microwavable bowl, microwave vegetable oil spread uncovered on High 30 to 40 seconds or until melted. Stir in seasonings. Pour over cereal mixture; stir until evenly coated. Transfer to ungreased roasting pan.
- 3) Bake 1 hour, stirring every 15 minutes. Spread on paper towels to cool, about 15 minutes. Store in airtight container at room temperature.

#### **Tips**

- Always read labels to make sure each ingredient is free of allergens that you are sensitive to. Products and ingredient sources can change.
- Save time by making this in the microwave. In large microwavable bowl,
  mix cereals and pretzels; set aside. In small microwavable bowl,
  microwave vegetable oil spread uncovered on High about 40 seconds
  or until melted. Stir in seasonings. Pour over cereal mixture; stir until
  evenly coated. Microwave uncovered on High 5 to 6 minutes,
  thoroughly stirring after every minute. Spread on paper towels to cool.
  Store in airtight container.
- Roasting pans vary greatly in size and shape (i.e. round, rectangular).
   We suggest a pan no smaller than 15 x 11 x 2 1/2 inches. The higher sides allow for ease in stirring. Don't have a roasting pan? You can buy disposable pans with similar dimensions.